



**Parents Coalition**  
of Bay Area High Schools

# **The Teen Brain – Understanding How Drugs and Alcohol Affect Teens with Dr. Abby Medcalf**

**Dr. Abby Medcalf, a gifted Bay Area therapist and mother of three, will discuss how drugs and alcohol can appeal to stressed-out teens. Even minimal alcohol and drug use during high school can have serious impacts on the developing teen brain. Dr. Medcalf will talk about what's happening – physically and emotionally – in teen brains and how drugs and alcohol affect behavior and performance.**

**7:30 to 9 pm  
Monday, October 15<sup>th</sup>  
San Francisco Waldorf High School  
470 West Portal Avenue, San Francisco  
Free parking in the school lot**

**\$5 donation for parents from member schools; \$10 for others**

**Parents' Coalition of Bay Area High Schools current member schools:**

Bay School, Drew School, International High School, Jewish Community High School, Lick-Wilmerding High School, SF Waldorf School, University High School, Urban School

The Parents' Coalition of Bay Area High Schools is a volunteer parent group, supported by member school donations, that plans three parent education talks and a teen forum each year to share information on topics of interest to Bay Area parents and guardians. PCBAHS aims to build bridges between teens, parents and professionals to help with parenting challenges and to counter feelings of frustration and isolation that both teens and parents encounter during the journey through the teenage years. The Parents' Coalition also publishes a quarterly newsletter, ParenTeen, to help parents understand the developmental and social complexities of the teen years. You can find ParenTeen at the PCBAHS web site: [parentscoalition.net](http://parentscoalition.net).

**Please join us for our upcoming events:**

**Dec. 10** - Sharon Strand-Ellison - on non-defensive communication with your teen

**Feb. 5 (Tues.)** - Michael Y. Simon, MFT

**March 18, 2013** - Teen Panel Discussion

**Learn more at [www.parentscoalition.net](http://www.parentscoalition.net)**